WEEK 1

|  |  |
| --- | --- |
| MONDAY | Veggie quarter pounder and potato wedgesJacket potato with baked beans and cheeseSIDE: Selection of seasonal vegetablesDESSERT: Melon |
| TUESDAY | Beef enchilada with garlic breadFrench bread margherita pizzaSIDE: Selection of seasonal vegetablesDESSERT: Fruit yoghurt selection |
| WEDNESDAY | Roast pork, roast potatoes and gravySquash-age roll and roast potatoesSIDE: Selection of seasonal vegetablesDESSERT: Oaty orange finger |
| THURSDAY | BBQ chicken breast with riceMacaroni cheeseSIDE: Selection of seasonal vegetablesDESSERT: Fresh fruit salad |
| FRIDAY | Breaded fish filled with (non-fried) friesVegan nuggetsSIDE: Selection of seasonal vegetablesDESSERT: Chocolate & beetroot muffin |

Help yourself salad bar is available daily – KS2

WEEK 2

|  |  |
| --- | --- |
| MONDAY | Loaded vegetable pizzaCowboy hotpot SIDE: Selection of seasonal vegetablesDESSERT: Fresh fruit salad |
| TUESDAY | Spaghetti beef meatballsVeggie bean tacoSIDE: Selection of seasonal vegetablesDESSERT: Cheese & crackers & grapes |
| WEDNESDAY | Yorkshire pudding filled with British beef & gravyRoasted vegetable filled Yorkshire puddingSIDE: Selection of seasonal vegetablesDESSERT: Fruit yoghurt selection |
| THURSDAY | Pork sausages & mashed potatoVeggie sausage roll with mashed potatoSIDE: Baked beansDESSERT: Chocolate & orange biscuit |
| FRIDAY | Oven baked fish fingers & friesSeashell pasta bakeSIDE: Selection of seasonal vegetablesDESSERT: Banana loaf |

Help yourself salad bar is available daily – KS2

WEEK 3

|  |  |
| --- | --- |
| MONDAY | Glamorgan sausage with herby diced potatoesCannelloni in tomato sauceSIDE: Selection of seasonal vegetablesDESSERT: Great balls of fruit |
| TUESDAY | Beef meatballs and riceVeggie meatballs and riceSIDE: Selection of seasonal vegetablesDESSERT: Rainbow sponge & custard |
| WEDNESDAY | Roast British chicken with sage & onion stuffing, roast potatoes & stuffingQuorn fillet with sage & onions stuffing, roast potatoes & gravySIDE: Selection of seasonal vegetablesDESSERT: Fruit yoghurt selection |
| THURSDAY | Beef burger & new potatoesQuorn burgerSIDE: Selection of fresh vegetablesDESSERT: Fresh fruit salad |
| FRIDAY | Fish fillet with potato wedgesVegetable fingers with potato wedgesSIDE: Selection of seasonal vegetablesDESSERT: Cheese & crackers & fruit |

Help yourself salad bar is available daily – KS2